



CUF Porto

Porto - Portugal

SECEC contact surgeon(s)

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Short description

The Shoulder and Elbow Unit of Hospital CUF Porto is part of this Hospital's Orthopedic Department. The Department is organized in 8 different units besides an Emergency Department working 24h/7days a week.

There are regular Department meetings with case discussion.

The Unit is constituted by two Shoulder and Elbow Surgeons, both with PhD, with a strong focus not only in the clinical practice related to shoulder and elbow surgery, but also in Clinical and Basic Research and Teaching.

The Hospital and the Shoulder and Elbow Unit closely cooperate with different institutions, where future fellows can be involved in extra clinical activities:

- Instituto de Investigação e Inovação em Saúde – I3S - focused on biomedical research
- LABIOMEPP - Porto Biomechanics Laboratory - focused on biomechanics research and investigation
- CINTESIS – Center for Health Technology and Services Research – focused in Clinical and Translational Research, Health Data, Decision Sciences and Information Technologies
- Institute of Anatomy of Porto Medical School

Most recognized techniques

- Plexus endoscopy
- Shoulder arthroplasty
- Shoulder arthroscopy
- Elbow arthroscopy
- Sports trauma

Website

<https://www.cuf.pt/hospitais-e-clinicas/hospital-cuf-porto>

Surgical volume and facilities

Average number of shoulder surgeries per month: 30

Average number of elbow surgeries per month: 8

Participation in outpatient clinics: **Yes**

Involved in resident training programme: **Yes**

Previous fellowship program available: **Yes**

Direct access to science or cadaveric lab: **Yes**