# Orthoca

## Antwerp - Belgium

### SECEC contact surgeon(s)

- **Roger van Riet and Olivier Verborgt (programme directors)**
- **Nick Jansen**
- **Maxim Vanderstappen**
- **Alexander Vervaecke**

### Short description

Orthoca is an orthopaedic centre in Antwerp, working in close partnership with AZ Monica, where internationally renowned surgeons treat the full spectrum of musculoskeletal conditions. The Elbow unit is headed by Prof. Dr. Roger van Riet, who specialises in elbow arthroscopy, fractures, dislocations, instability and arthritis, and is recognised for his technique to repair and reconstruct the unstable elbow as well as for tendon repairs. A dedicated elbow surgeon and fellowship director, he performs around 900 elbow procedures a year, and he has served as guest faculty at the Mayo Clinic's advanced elbow course, including on the stiff elbow and open exposures for elbow stiffness.
The Shoulder unit is led by Prof. Dr. Olivier Verborgt, current president of the Belgian Shoulder and Elbow Surgery Society, involved in the treatment of elite athletes. His clinical focus covers shoulder arthroplasty, including the management of glenoid bone loss and the planning and execution of anatomic shoulder arthroplasty, as well as arthroscopy, instability, dislocation repair and reconstruction, fractures and cuff tears. Together with Dr. Nick Jansen, Dr. Maxim Vanderstappen and Dr. Alexander Vervaecke, the team works alongside therapists along a structured pathway from diagnosis through surgery to rehabilitation.

### Most recognized techniques

- Elbow : elbow arthroscopy, fractures, dislocations, instability and arthritis, unstable elbow reconstruction, tendon repairs
- Shoulder : shoulder arthroplasty, arthroscopy, instability, dislocation repair and reconstruction, fractures and cuff tears

### Website

https://orthoca.be/en/orthoca/

### Surgical volume and facilities

Average number of shoulder surgeries per month: 120
Average number of elbow surgeries per month: 75

Participation in outpatient clinics: **Yes**
Involved in resident training programme: **Yes**
Previous fellowship program available: **Yes**
Direct access to science or cadaveric lab: **Yes**

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