



SECEC – ASES Traveling Fellowship
Europe – USA 2008
August 19th to September 20th

Dr. Matthias Flury – Zuerich – Switzerland

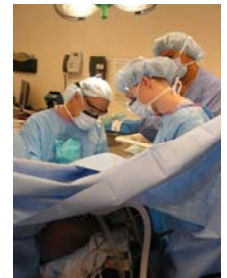


Dr. Mario Borroni – Milan – Italy



Our first Stop was the Rush University Medical Centre in Chicago where we had a warm welcome by Dr. **Brian Cole**, Dr. **Greg Nicholson** and Dr. **Toni Romeo**.

While Brian Cole showed us a lot about his very efficient style of arthroscopic work in the OR including shoulders and knees, Greg Nicholson showed us his methods of implanting shoulder prostheses and especially his tricks in revision surgery. Toni Romeo had a life surgery of a shoulder arthroplasty, a procedure with perfect life commentary. Beside that we were able to visit the beautiful town of Chicago including an expedition into the nightlife with the shoulder fellows and a boat trip to many of the beautiful skyscrapers of Chicago. Last but not least we were invited to a baseball game of the White Sox. Not to forget is a beautiful dinner with the whole team in a typical Chicago steak house.

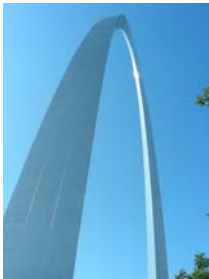


Next stop was in the Mayo Clinic in Rochester. Our main host was Dr. **Scott Steinmann** who managed the visit perfectly and we were also welcomed by Dr. **Bernard Morrey**, Dr. **Bob Cofield**, Dr. **Shawn O'Driscoll**, Dr. **John Sperling** and Dr. **Diane Dahm**. The first evening we were invited for a casual dinner to the Texas-style house of Bernard Morrey. After having our talks in the grand round on the next morning the next two days were filled with a busy program. We were able to see the team working in the OR for example an UCL reconstruction by Scott Steinmann, an elbow exchange arthroplasty by Shawn O'Driscoll, a shoulder prosthesis by Bob Cofield and an arthroscopic rotator cuff reconstruction by Diane Dahm and John Sperling. We were shown the impressive biomechanics lab and we had a tour of the old buildings of the clinic where we learned a lot about the history of the Mayo brothers by Dr. Mark Morrey, the "next generation" Morrey. The evenings were filled with two very nice dinners in Minnesota style steak houses with the team. Especially to mention is the session called "meet the professors". In a very casual way we were able to meet the members of the shoulder and elbow team personally to discuss new aspects in their field of science and practical work.

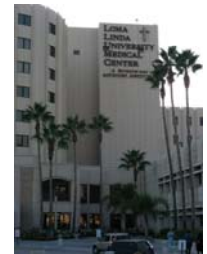




We then travelled on to St. Louis where we had a warm welcome by Dr. **Leesa Galatz**, Dr. **Ken Yamaguchi** and Dr. **Jay Keener** of the Washington University. The first day in the OR of the Barnes & Jewish Hospital was dedicated to shoulder arthroplasties by Leesa Galatz and Ken Yamaguchi and an elbow arthroplasty on a difficult distal humerus fracture. The evening we spent in a nice local restaurant with the shoulder service and we were honoured by the presence of Dr. Gelberman, the chairman of Orthopaedics of Wash-U. On the second day we had our talks in the early morning and then the day was filled with arthroscopic surgery by Ken Yamaguchi and Jay Keener in the morning and with scientific presentations in the afternoon. In the evening we were invited to a casual dinner at Leesa Galatz house. Before leaving on the next day Leesa Galatz took us (or perhaps we took her....) to the St. Louis Arch, the 192m high gateway to the west!



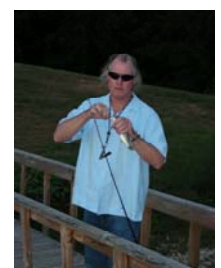
Our next flight brought us to Loma Linda near Los Angeles. We were welcomed by Dr. **Christopher Jobe**, the present president of the ASES, and Dr. **Wesley Phipatanakul**. Since we arrived on a Saturday and the next Monday was the Labour Day, we only had one day in the OR with Wes Phipatanakul where we saw a reversed shoulder prosthesis. Chris Jobe invited us to a perfect dinner but was then mostly absorbed by his work for the upcoming ASES meeting in Santa Barbara. On the other days we had a lot of free time in which Wes took us to a baseball-game of the Anaheim Angels and a college football game of the UCLA Bruins in the Rosebowl in Pasadena together with 70'000 spectators, a wonderful experience! Beside that we had some time to buy presents for our loved ones.



ASES had organized a limousine transfer to Santa Barbara, the place of the ASES closed meeting. The meeting was held in the Four Seasons resort, the perfect surrounding for an interesting meeting where we had our presentations and the possibility to meet many of the most famous shoulder surgeons of the present and the past. A special occasion was the "meeting of the generations" together with Dr. **Christopher Jobe** and his father Dr. **Frank Jobe**. The presidential dinner showed the celebrities in a very human way including the Rock Band of Buz Burkhead "Dr. Doctor" who let the old bones shake, rattle and roll.



Our next stop was in Dallas. Our first day was again a Sunday and we where invited to the farm of Dr. **Buz Burkhead** to a typical Texas afternoon. After some shooting and a barbecue we finished the day fishing. The next day was back to work again in the OR together with Dr. **Sumant Krishnan**. We saw his extremely efficient way of arthroscopic surgery in the

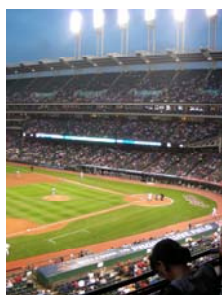




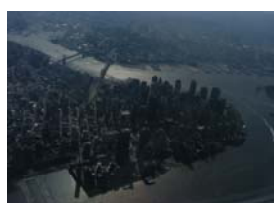
Krishnan way of “metronomic consistency”. 11 procedures in 6 hours including 6 cuff repairs in a straight forward way. In the afternoon Buz Burkhead showed us a reversed prosthesis and the evening was filled with a superb Japanese dinner. The next day we followed Sumant Krishnan through a busy office day and the evening we learned something about burning coffee in a Mexican restaurant...



The next flight brought us to Cleveland to the Cleveland Clinic, a huge hospital with 37'000 employees. Our hosts in Cleveland were Dr. **Joseph Iannotti** and Dr. **William Seitz**. The first day we spent with Joe Iannotti in the OR where he showed us an arthroscopic cuff repair, a classical latissimus dorsi transfer and a complex revision shoulder arthroplasty with allograft reconstruction of the proximal Humerus. Between the operations we had the opportunity to get a tour through the scientific facilities of the clinic and to listen to some presentations of the scientific staff. After a very instructive day we were invited to a very elegant country club for a dinner together with the team. The next day we visited the Lutheran hospital, a satellite of the Cleveland clinic where we met Dr. **Seth Greenwald**, the head of a very nice biomechanics lab and we saw William Seitz work in the OR where he implanted a radial head prosthesis and showed us his interesting approach to the tennis elbow, a combined surgery of local coagulation and radial arthroscopy. In the afternoon we visited the Rock n'Roll Hall of Fame and the evening we spent in the lounge of the Cleveland clinic in the Indian's stadium watching the Indian's play baseball.



The next city we visited was Boston where we were hosted by Dr. **John J.P. Warner** and Dr. **Larry Higgins**. Our hotel was a former jail but we had the freedom to spend the Sunday together with the shoulder fellows. They took us to the Fenway Park to a baseball game of the Red Sox and in the afternoon we visited the “sacred” campus of the Harvard University. The next day we spent together with JP Warner. After having our talks early in the morning (06.30h) we watched him implanting a shoulder prosthesis and in the afternoon we followed him in his office. In the evening we had dinner together with the shoulder team in an Italian restaurant. The second day was filled with 8 arthroscopic procedures by Larry Higgins. We learned that also in the USA there is a difference in efficiency between public and private hospitals...



Our last stop of our fellowship was in New York. We visited the Columbia University where we were hosted by Dr. **William Levine** and Dr. **Christopher Ahmad**. Dr. Louis Bigliani was on a travel to Australia in his function as the president of the AAOS. On the day of our arrival we had our talks in the grand





rounds and we had a visit of the biomechanics lab. The evening we enjoyed with the team in one of the thousands of restaurants of New York. The next day we spent together with Bill Levine in the OR. We saw his technique of arthroscopic rotator cuff repair and an osteosynthesis of a clavicle fracture. A dinner with the team in a classical Italian restaurant was the perfect end of the day. On the next morning we followed Chris Ahmad through an arthroscopic stabilization and an elbow arthroscopy. The last afternoon we spent shopping the Big Apple and after having our last of many many excellent steaks during our trip we enjoyed the Broadway by night. On the last morning we completed our visit to New York by some sight seeing of Ground Zero, Wall Street, Brooklyn Bridge and Central Park and we bought our last presents at Tiffany's. After that it was time to say goodbye to each other and to the USA.



At this place we want to thank all the people who worked very hard to make our fellowship a perfect visit of many of the most remarkable shoulder centres all over the States and a true lifetime experience for both of us. We want to thank all our hosts who gave their best to let us see the best of their work and their clinics. We came back with new thoughts and many helpful things in mind for our daily work. Beside their professionalism we also found very warmhearted and friendly persons who enjoy living with whom we will stay in contact on a professional but also on a personal level.



A very special thanks goes to **Susan Shannon** and **Stella Gauthier**, who did a wonderful job as the ASES society managers in organizing all the flights and hotels and let us enjoy our weeks free of any organization problems.



In the end we want to warmly thank our **wives and families** who made it possible for us to spend five weeks away from our daily duties knowing that the best part of a journey is to come back home again!